



THE CHRONICLE

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FROM THE DESK OF THE PRESIDENT

Another summer has flown by but the summer of 2014 was an exciting one. Our camp program was probably the biggest and most comprehensive ever, which is a testament to the 300 staff. The tennis program was busting at the seams with the most kids in years. The swim program filled and ran a number of successful camp weeks that built on what we did last year. We also offered two weeks of afternoon overall fitness programs through Josh. In all it was amazing and it offered a lot of benefit to members kids and introduced the 300 Club to a new crop of families. I was extremely happy that there were weeks the 300 Club offered programs that allowed families the flexibility so their kids could spend the whole day in a fun, structured, and safe environment.

Some of the excitement was unexpected when a small sink hole opened near the entrance road. It turns out that it happened before, in that same location, about ten years ago. We should not be surprised by this natural occurrence because there are sinkhole features in the area and on the property. We had a geologist and sinkhole expert come out and he suggested we fill it with dirt. There is not much we can do or need to be concerned about as long as the activity stays away from our main structures.

I also want to report on the survey from earlier this year. Thank you to all that provided input. Here is a link to the results of the survey: https://www.surveymonkey.com/sr.aspx?sm=CUMeJ6luT_2fDLclahPPFhBKxrGy6yIEZf5GZ0tBQ3S9m4_3d

There was a lot of information in it, too much to summarize adequately, so please review it yourself. We had 136 respondents which is over 60% of the membership. The following are some of the key observations I took from the results. Please note that others might have different interpretations of the results.

- While we have a lot of newer members, there are a large percentage of members that have been members for over 15 years.
- There is a higher proportion of members that use the club for tennis as compared to swim.
- Over 50% of the membership spend 2 to 6 hours a week at the Club.
- While 80% of the respondents were Satisfied or Very Satisfied with the Club, 6% are Dissatisfied.

- ◇ Respondents that said they used the Club primarily for swimming had high an overall satisfaction (92% Satisfied or Very Satisfied) versus 72% for those that primarily use the Club for tennis.
- ◇ Respondents who have been members longer than 10 years also had higher overall satisfaction (>90% Satisfied or Very Satisfied) than those that had been members for 5 years or less (>70%). But for those who have been members for 5-10 year, 50% were satisfied and the rest were neutral or dissatisfied.
- Improving the bathrooms was the only capital improvement that the membership feels is important.
- There were many very constructive comments throughout the responses but basically the 300 Club needs to be more proactive in terms of programs and communication.

The survey reinforced my sense that we share a lot of the same values and feelings for the Club. It also highlighted there are many opportunities for the Club to improve. At the Annual Meeting, I think I would be a good opportunity for us to talk about the survey but please feel free to contact us if there are questions or further suggestions.

WEBSITE

www.300ClubSwimAndTennis.org

Please visit our website and use it on a regular basis. The site contains a lot of information for the general public but even more for the members. Go to the website and then to the member page and log in or register. If you have forgotten your password please contact Pam. While the website itself is public, only members are allowed access to the Club by-laws, board minutes, membership lists and other items. Announcements of upcoming events will also be posted.

NEW MEMBERS (since March 2014)

Art & Sue Sandeen
 Jack & Renee Payne
 Lawrence Hooghuis & Maeve Rady
 Zelda Hawk
 Patricia Butterfield
 Pierre Ramond
 Michael & Kristianna Fredenburg
 Sonja & Barbara Follon
 Angoli & Anna Smolkova

Summer Tennis Camps

Summer Tennis Camps were a huge success. There were approximately 170 individuals participating in the 9 weeks of camp with an average of 24 students per day. The highest day was 53 and the lowest was 12 (due to rain). The teens (the majority of them are members) came back some afternoons for 2-4 practice. Fortunately the camp only experiences rain on 3 out of the 45 days. When the courts were wet, the kids watched TV and played games indoors.



TENNIS NEWS

The 300 CLUB offers traditional junior tennis lessons with Director of Tennis Abdoulaye Toure and teaching professional Alexis King. Generally junior lessons last either 30, 60 or 90 minutes. Group lessons can be formatted based on age and ability. Lessons and sessions will be held throughout the calendar year.

Standing Clinics

Youth Tennis for over 10 and under 18

- M – W – F 4:30 – 6:30 pm, \$10/hour for members and \$12.50 for non-members

Adult Clinics

- Saturdays 9:00am-noon \$15 for members and \$20 for non-members
- Wednesdays 7:00-9:00pm \$15 for everyone

New Clinics

The following are new clinics the Tennis Professionals would like to offer. Until these become established, please call Alexis at 246-5800 if you wish to participate.

- *Women's 3.5-4.0 Clinic,*
Mondays, 6:30-7:30 pm, \$10/member - \$15/non-member
- *Men's Advanced Clinic 4.0 and higher*
Thursdays, 6:30-8:30pm, \$15/member - \$20/non-member
- *Stroke Improvement*
Sundays \$10/member - \$15/non-member

Private Lessons

With Abdoulaye Toure \$50/hr. for member or \$55/hr. non-member
With tennis assistant \$45/hr. for member or \$50/hr. non-member
Clinics \$15/hr. for member & \$17/hr. for non-member
Junior Clinics \$10/hr. for member and \$12.50/hr. for non-member

Abdoulaye would be more than happy to talk to you about lessons for you or anyone in your family. His contact information is: Phone: (352) 682-4766 Email: ToureAbdoulaye@hotmail.com

TUESDAY NIGHT SOCIAL

Every Tuesday night (that it doesn't rain) the Club offers a Tuesday Night Social for tennis players. Come and join the fun and play with different members or guests. This event is free to the members and there is a \$5.00 guest fee for non-members.

DAY LEAGUE

The 3.0 Women's Day League home schedule for the remainder of 2014 is listed below. All day leagues matches require 5 courts and start at 9:30 (4 courts are reserved beginning at 9) and are on a Wednesday. Mary Beth Fort is the captain for this year. If you are interested in joining the team, please contact Mary Beth at 375-3911.

September 10
September 17

October 8
October 22

November 12 December 3



300 Club 2014 Fall Swim News

Our four **Swim Camps** this past summer were very successful thanks to our swim camp instructors, Brandon Sedgely, Victor Buehler and Jay Trama. The campers learned a lot and had much fun in the process. Classes offered were: Snorkeling, Water Polo & Water Volleyball, Biathlon Training, Introduction to Lifeguard Training, Stroke Improvement, Flexibility and Fitness, Ball and Water Games, and Leather Lung Challenge. We are already planning for more camps next summer.



Victor made some **water balls** for kids and adults alike. These have added a new dimension and fun activity. Member Steve Davis (right) has already enjoyed using them. Also available are water jogging belts, fins, kick boards, pull buoys and noodles. Please ask a guard if you can't find the equipment you need.

Don't forget the **Water Aerobics** classes on Mondays and Fridays and the **Stroke Improvement** class on Tuesdays. Classes are free to members and are held from 11- 12 noon. We are working to offer more **Aqua Zumba** classes as well, possibly starting September 27th. More information to come.

Now that our afternoon rental group, the Makos, are back using 3-4 lanes (dependent on our member needs) from 3:30 – 7 pm Monday – Friday and 4 lanes 5:30 – 7 am M/W/F, it may be necessary to share a lane. I have listed below some helpful lane etiquette.

Lane Etiquette

If possible, it is best to swim in a lane with a swimmer whose swimming ability is close to yours. Ask the guard on duty to find a lane for you, if you need help. The swimmer already in the lane needs to be notified that you want to share. When there are only two swimmers in a lane, there are two options for sharing, one, by splitting the lane and two, by circle swimming. Circle swimming is the only option if there are three or more swimmers sharing a lane. Sharing a lane can be fun and it is easy to learn how. Please be considerate to other members.

Option 1. Splitting the Lane. (1-2 swimmers): One person stays on one side of the black center line at the bottom of the pool and the other person stays on the other side, each keeping close to their floating lane line.

Option 2. Circle Swimming (3 or more swimmers): Always stay to the right of the black center line on the bottom of the pool. Make your turn either in the middle of the lane, or to the left of the lane. After the turn, stay to the right of the black center line. That's right, you are swimming counter clockwise in the lane. The floating lane line will always be on your right, the black center line at the bottom of the pool will always be on your left. **Passing:** It is important when circle swimming to allow a swimmer who is faster than you to pass. Always pass to the left if no swimmer is coming toward you in the lane, or the slower swimmer should stop at the end of the lane and allow the faster swimmer to pass before continuing to swim.

Current Pool Hours

Monday – Friday; 6:30-9:30 am and 11-8:30 pm (pool is closed 9:30 - 11am)

Saturday; 9 am – 7:30 pm; **Sunday;** 8 – 10 am; 12-7:30 pm (pool is closed 10am-12 noon)

Note: Starting Monday October 20, the pool won't open until 7 am and will close at 7:30 pm M-F. We will close at 6 pm Saturday and Sunday. Other hours will remain the same.

Enjoy the pool!

Meegan Wilson, Aquatic Director.